

Strategic Consulting and Implementation Consortium

Superior strategies to managing **People Systems Processes Products Projects Programmes Finances** to deliver triple bottom-line

Development Consultants



28 Austin Friars
London
EC2N 2QQ
www.scic.co.uk

Partnering to tackle the world's development problems!

About SCIC

We are a new generation development consulting company based in London. We undertake extensive research on social, environmental, economic and political development challenges in the mix. We undertake the crafting of integrated development strategies for implementation; and provide advice to governments, businesses and individuals focusing on needs and peculiarities of the customer. Our key drivers are high ethical values, quality and social enterprise.

Flying in airplanes relaxed - a flight counseling training

Introduction

Many of us enjoy flying on airplanes and it has become an important part of our life for work and pleasure. The nature of business nowadays makes people travel from one part of the world to another quite regularly and can bring mixed feelings of fear, anxiety and stress to some people. Our world is so interconnected and even travel for business or pleasure within some countries requires flights on airplanes. It is big business to many. The situation is that humans will continue to fly airplanes. What matters now is safety and comfort; efficient and alternative fueling that does not endanger our earth. Close to a hundred years, aircraft safety has been the focus of engineers and aviation expects to improve and make safer. Although accidents still occur from time to time, air travel still remains one of the safest ways to travel.

Objectives

This training is designed to help people who for business, work or pleasure embark on journeys on airplanes, to understand flight environments and to put the risks associated with flying in perspective. The training is intended to reassure participants and assist those who suffer from flight phobias overcome these problems. Medical and healthcare related issues associated with flying will be examined and explained in this training to aid understanding and therefore enable training participants make informed decisions.

Who will benefit from this course?

Any body that flies from time to time in an airplane and want to enjoy flying. Persons with flight related stresses, illhealth and phobias.

Expected benefits to participants at the end of the course

- Enjoy air travel
- Overcome fears, anxiety and stress that come with air travel
- Understand your body responses in flight
- Understand and prevent health conditions that may be associated or aggravated with flights
- Know when it would not be safe to fly
- Understand the different movements that aircrafts make when in flight

Course duration

1 day

Location of Training

This training will be organised overseas in partnership with other organisations

Course fees

Standard course fee would cover instructing, course materials, certificate of attendance and light refreshment.

Individuals – £250.00

Organisations sponsoring five or more person (5% discount)

For additional information please contact us:

Email: consulting@scic.co.uk Tel: +44 (0) 20 7628 3322 Fax: +44 (0) 20 7638 7060 Post: SCIC Ltd 28 Austin Friars London EC2N 2QQ

This course is promoted subject to our [terms and conditions](#).